



Day Phone: _____ Residence Phone: _____ Mobile: _____

Please Turn Over

DETAILS OF THIS PROGRAM

Dates: _____ Venue: _____

DECLARATION

I understand that, being outdoors has its own charm. However, it also brings its share of hazards. It is important that even though the best of equipment is involved and all the logistics being taken care of, participants and their parents/guardians must be aware of the realities of the many possible hazards in undertaking any adventure activity, these include, but are not limited to:

- 1) Sudden change in, and extremes of, weather conditions;
- 2) Equipment Failure;
- 3) Natural calamities like Land Slides, Floods, Avalanches;
- 4) Falls on steep or difficult terrain, that is dangerous or difficult to negotiate, including dense bushes, rough and slippery ground including sand and rock;
- 5) River crossings;
- 6) Getting lost in remote or inaccessible areas;
- 7) Encounters with wildlife;
- 8) Bites from insects and reptiles;
- 9) All other risks, hazards and dangers associated with outdoor activities;
- 10) Discomfort due to travel to and from activities.

The following events and conditions can contribute to the inherent risks of the activities:

- 1) Inappropriate or inadequate equipment or clothing;
- 2) Poor or inadequate physical fitness or health;
- 3) Failure to obey the directions of instructors or leaders or facilitators;
- 4) Failure to exercise good judgement or due care and attention.

The best way to minimize such risks is to be conscious of them and act proactively. Keep learning at every opportunity and leave all ego at home. Enjoy the outdoors for yourself, never for anyone else's opinion. It is understood that for safety of all members of the team, every participant must be committed to the highest standards of safety and responsible behavior. Failure to do so could result in immediate removal from the activity in question. All instructions detailed by the leader/ instructor/ facilitator must be adhered to at all times.

I declare that i am medically fit and am participating in the program, perfectly aware of the risks involved. I further declare that Above 14000 ft and any persons authorized by the above mentioned organization in this behalf shall not in anyway be liable to me or to my dependents, legal heirs, Successors or to any other person for any loss, damage, disability, or injury sustained by me or for death resulting from my participation in the above mentioned program.

Date: _____
Place: _____

Signature of participant

Above1400ft, Behind Log Huts, Log Huts Area
Manali: 175131 , Dist Kullu, (HP)
Tel: +91 98165 44803
email: kaushal@above14000ft.com
Website: www.above14000ft.com

Registered with: Indian Mountaineering Foundation and Adventure Tour Operators Association of India.